

2017 SUMMER FACILITY SCHEDULE (705-848-2287 Ext. 2500)

Effective July 1st to September 5th, 2017

PROGRAMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Distance	6:00 - 8:00 am 11:30 - 1:00 pm 7:00 - 8:00 pm	6:30 - 8:00am 11:30 - 1:00pm	6:00 - 8:00 am 11:30 - 1:00 pm 7:00 - 8:00 pm	6:30 - 8:00am 11:30 - 1:00pm	6:00 - 8:00 am 11:30 - 1:00 pm
Silver Dolphins	8:00 - 9:00 am	8:00 - 9:00am	8:00 - 9:00 am	8:00 - 9:00 am	8:00 - 9:00am
Deep Water Aquafit		10:45 - 11:30 am		10:45 - 11:30 am	
Lessons	9:00 - 11:00 am	9:00 - 11:00 am	9:00 - 11:00 am	9:00 - 11:00 am	9:00 - 11:00 am
Arthritis Program	10:45 - 11:30 am		10:45 - 11:30 am		10:45 - 11:30 am
Public Swim	6:00 - 7:00 pm		6:00 - 7:00 pm		
FITNESS ROOM	6:00 am - 1:00 pm 6:00 - 8:00 pm	6:00 am - 1:00 pm 6:00 - 8:00 pm	6:00 am - 1:00 pm 6:00 - 8:00 pm	6:00 am - 1:00 pm 6:00 - 8:00 pm	6:00 am - 1:00 pm

Maintenance Shutdown July 1st – July 23rd, 2017

Fitness room will remain open during the maintenance shutdown.

Facility Closed on Stat Holidays